

## 5K.txt

BROCK TROT  
 5 KM (USATF Certified #MA06017JK) Lenox, MA  
 LOCATION: LENOX, MA  
 SEPTEMBER 28TH, 2014

Results by: Fast Track Timing LLC  
 www.fasttracktiming.com  
 Powered by MYLAPS B-TAG and Lynx Developers

Place	No.	Name	5K RESULTS			City	St	Guntime	Pace
			S	Age	Div				
1	311	Jeff Goupil	M	27	M2029	Ballston Lake	NY	17:25	5:37
2	295	Bridgette Mania	F	23	F2029	Manchester	CT	17:38	5:41
3	297	Yolanda Ngarambe El	F	23	F2029	Manchester	CT	17:44	5:43
4	204	Sam Darbey	M	17	M1519	Tyringham	MA	17:57	5:47
5	216	Brandon Williams	M	34	M3039	Pittsfield	MA	18:18	5:54
6	118	Mike Spitzer	M	51	M5059	Sheffield	MA	18:21	5:55
7	194	Karen Blodgett	F	37	F3039	Fairport	NY	18:50	6:04
8	238	Nate Bruno	M	22	M2029	Pittsfield	MA	19:01	6:08
9	255	Matas Rudzinskas	M	17	M1519	Pittsfield	MA	19:04	6:09
10	321	Carlota Corbella Al	F	18	F1519	Greta Barringto	MA	19:34	6:18
11	261	Albert Najimy	M	45	M4049	Pittsfield	MA	19:46	6:22
12	232	Stephen Roberts	M	49	M4049	Dalton	MA	20:04	6:28
13	245	David Wilson	M	52	M5059	Lanesborough	MA	20:52	6:43
14	329	Jason Candee	M	32	M3039	Lenox	MA	21:17	6:51
15	250	Meaghan Phair	F	33	F3039	Lee	MA	21:53	7:03
16	117	Nicole Gamberoni	F	13	F0114	Lenox	MA	22:47	7:20
17	196	Mally Elliot	F	38	F3039	Lenox	MA	22:51	7:22
18	281	Cassandra Lane	F	30	F3039	Lenox	MA	23:04	7:26
19	252	Scott Burega	M	41	M4049	Pittsfield	MA	23:05	7:26
20	260	Shiobbean Lemme	F	47	F4049	Pittsfield	MA	23:08	7:27
21	324	David Valicenti	M	43	M4049	West Stockbridg	MA	23:15	7:29
22	192	Emily Russell	F	31	F3039	North Benningto	VT	23:45	7:39
23	262	Stephanie Burdick	F	48	F4049	Lee	MA	23:56	7:42
24	256	Lanna Knoll	F	12	F0114	Great Barringto	MA	24:02	7:45
25	123	Michael Sorrentino	M	21	M2029	Lenox	MA	24:18	7:50
26	222	Christine Arace	F	41	F4049	Lenox	MA	24:40	7:57
27	317	Sally Nason	F	15	F1519	Lee	MA	25:03	8:04
28	126	Shannon Meisbergen	F	15	F1519	Pittsfield	MA	25:03	8:04
29	340	Mark Bernard	M	66	M6069	Pittsfield	MA	25:15	8:08
30	145	Nate Ruffle-Deighan	M	16	M1519	Winchester	MA	25:19	8:09
31	175	Cavanaugh Wolshi	M	18	M1519	Becket	MA	25:23	8:10
32	176	Lachln Tohason	M	18	M1519	Lenox	MA	25:24	8:11
33	215	Philip Knoll	M	55	M5059	Great Barringto	MA	25:24	8:11
34	272	Sheila Farry	F	49	F4049	Pittsfield	MA	25:26	8:11
35	309	Jackie Rilla	F	25	F2029	North Adams	MA	25:39	8:16
36	218	Nolan Smith	M	11	M0114	Pittsfield	MA	25:51	8:19
37	136	Susan Love	F	42	F4049	Lenox	MA	26:00	8:23
38	137	Dennis Love	M	9	M0114	Lenox	MA	26:01	8:23
39	156	Jed Colwell	M	42	M4049	Brooklyn	NY	26:25	8:31
40	233	Karissa Yzerman- Gl	F	13	F0114	Pittsfield	MA	26:27	8:31
41	279	Maxime Leger	M	12	M0114	Lenox Dale	MA	26:29	8:32
42	229	Mary Hayes	F	14	F0114	Pittsfield	MA	26:31	8:32
43	177	Number 177		0		Unknown	NA	26:33	8:33
44	320	Ashley Emerson	F	33	F3039	Dalton	MA	26:39	8:35
45	239	Matt Lee	M	37	M3039	Pittsfield	MA	26:40	8:35
46	140	Johnathan Denmark	M	36	M3039	Pittsfield	MA	26:49	8:38
47	319	Stephanie Bressette	F	43	F4049	Pittsfield	MA	26:51	8:39
48	291	Mike Hickey	M	56	M5059	Pittsfield	MA	26:55	8:40
49	345	Dave Toole	M	30	M3039	West View	PA	26:59	8:42
50	187	Patrick Toole	M	27	M2029	Great Barringto	MA	26:59	8:42

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51	314	Steven Lawphear	M	49	M4049	Pilts	MA	27:18	8:47
52	287	Carolyn King	F	45	F4049	Lenox	MA	27:25	8:50
53	135	Lauren Gamache	F	13	F0114	Lenox	MA	27:31	8:52
54	221	Bryan Cederholm	M	27	M2029	Dalton	MA	27:34	8:53
55	133	Ella Smith	F	11	F0114	Richmond	MA	27:46	8:56
56	116	Marley Gamberoni	F	11	F0114	Pittsfield	MA	27:52	8:58
57	128	Maggie Meisberger	F	17	F1519	Pittsfield	MA	27:58	9:00
58	225	Jacquelyn Laudon	F	20	F2029	Lee	MA	28:01	9:02
59	274	Rhiannon Beckington	F	12	F0114	Shelburne	MA	28:06	9:03
60	241	Emery Korte	M	15	M1519	Pittsfield	MA	28:10	9:04
61	209	Lori Belknap	F	51	F5059	Pittsfield	MA	28:14	9:05
62	119	Bridgette Moore	F	27	F2029	Unknown	MA	28:22	9:08
63	153	Ann Marie Shaw	F	27	F2029	Pittsfield	MA	28:41	9:14
64	1063	Amy Shaw	F	38	F3039	Westfield	MA	28:47	9:16
65	203	Nicole McElroy	F	40	F4049	Lee	MA	28:47	9:16
66	228	Ashley McLean	F	27	F2029	Pittsfield	MA	28:59	9:20
67	214	Jody Manzolini	F	40	F4049	Pittsfield	MA	29:07	9:23
68	205	Kerri Timoney	F	39	F3039	Pittsfield	MA	29:12	9:24
69	219	Rachel Smith	F	11	F0114	Pittsfield	MA	29:18	9:26
70	344	Robin Colwell	F	33	F3039	Long Island Cit	NY	29:41	9:34
71	217	Francis Vahle Jr.	M	55	M5059	Lenox	MA	29:55	9:38
72	305	Rena Rose	F	50	F5059	Pittsfield	MA	30:30	9:49
73	337	Tyler Woodbury	M	9	M0114	New Lebanon	NY	30:42	9:53
74	288	Nicholas Raposo	M	47	M4049	Valafis	NY	30:45	9:54
75	335	Noah Krantz	M	8	M0114	Pittsfield	MA	30:47	9:55
76	339	Abby Seyerlein	F	9	F0114	E. Nassan	NY	30:50	9:56
77	249	Eileen Deignan	F	49	F4049	Newton	MA	30:57	9:58
78	258	Dennis Leydet	M	52	M5059	Pittsfield	MA	31:05	10:01
79	264	Roberto Digirolamo	M	65	M6069	Dalton	MA	31:06	10:01
80	132	Puneet Budhiseje	M	34	M3039	Lenox	MA	31:14	10:03
81	304	Rebecca Hunter	F	34	F3039	Pittsfield	MA	31:21	10:06
82	306	Hailey Kirchner	F	15	F1519	Pittsfield	MA	31:21	10:06
83	141	Molly Breslin	F	33	F3039	Voorheesville	NY	31:27	10:08
84	243	Brett Greenleaf	M	40	M4049	Pittsfield	MA	31:43	10:13
85	257	Nancy Cachat	F	39	F3039	Dalton	MA	31:43	10:13
86	220	Kristy Cederholm	F	28	F2029	Dalton	MA	32:25	10:26
87	191	Michael McNamara	M	53	M5059	Springfield	MA	32:50	10:34
88	270	Katherine Demarco	F	27	F2029	Pittsfield	MA	32:50	10:34
89	301	Lisa Anne Baumbaels	F	47	F4049	Valatie	NY	32:51	10:35
90	202	Tonia Depson	F	40	F4049	Pittsfield	MA	32:55	10:36
91	213	Leanne Curran	F	58	F5059	Lee	MA	32:56	10:36
92	200	Josie Usow	F	12	F0114	Lenox	MA	32:59	10:37
93	292	Ginger Galvagni	F	37	F3039	Pittsfield	MA	33:18	10:44
94	246	Andy Wasco	M	53	M5059	Pittsfield	MA	33:23	10:45
95	223	Dede Miner	F	60	F6069	Stockbridge	MA	33:31	10:48
96	125	Kati Scheurer	F	30	F3039	Lee	MA	33:35	10:49
97	190	Bernadette Kennedy	F	56	F5059	Pittsfield	MA	33:40	10:50
98	334	Arthur Schwartz	M	0	M0114	Lenox	MA	33:46	10:52
99	236	Marcella Bradway	F	48	F4049	Pittsfield	MA	33:56	10:56
100	332	Emily Szeliga	F	33	F3039	Philidelphia	PA	34:30	11:07
101	333	Rebecca Polock	F	36	F3039	Brooklyn	NY	34:30	11:07
102	230	Diana Vallone	F	57	F5059	Pittsfield	MA	34:33	11:08
103	289	Christine Cooney	F	43	F4049	Lenox	MA	34:37	11:09
104	290	Isabelle Cooney	F	10	F0114	Lenox	MA	34:38	11:09
105	1076	Christine Alberti	F	47	F4049	Dalton	MA	34:44	11:11
106	331	Jim Drahe	M	0	M0000	Dalton	MA	34:45	11:11
107	143	Andrew Albert	M	9	M0114	Lenox	MA	34:49	11:13
108	336	Emmett Krantz	M	8	M0114	Pittsfield	MA	34:49	11:13
109	1088	Grace Ellrodt	F	16	F1519	Lenox	MA	35:03	11:17
110	244	Sheri Gaherty	F	46	F4049	Lenox	MA	35:22	11:23
111	237	Holly Terry	F	40	F4049	Lenox	MA	35:22	11:23
112	242	Hank Henderson	M	65	M6069	Dennis	MA	35:27	11:25
113	206	Mayur Desai	M	27	M2029	Pittsfield	MA	35:29	11:25

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114	283	Jeffrey Sotek	M	46	M4049	New Lebanon	NY	35:29	11:26
115	284	Christopher Coleman	M	45	M4049	Needham	MA	35:32	11:26
116	207	Mollie Toole	F	27	F2029	Lenox	MA	35:36	11:28
117	285	Karie Toole	F	30	F3039	Medford	MA	35:39	11:29
118	122	Paul Johanson	M	48	M4049	Pittsfield	MA	35:47	11:31
119	179	Ustla Desm	M	57	M5059	Pittsfield	MA	36:16	11:41
120	271	Kaitlin Scarbro	F	38	F3039	Sheffield	MA	36:19	11:42
121	201	Paul Clerici	M	48	M4049	walpole	MA	36:27	11:44
122	275	Rebecca Oberwager	F	31	F3039	Pittsfield	MA	36:58	11:54
123	266	Maggie Burke	F	10	F0114	Pittsfield	MA	37:03	11:56
124	268	Kate Burke	F	50	F5059	Pittsfield	MA	37:03	11:56
125	208	John Toole	M	0	M0000	Richmond	MA	39:35	12:45
126	269	Val whaling	F	51	F5059	Greenwich	CT	39:35	12:45
127	131	Joni Wilkerson	F	56	F5059	Lawrencel	IN	39:35	12:45
128	231	Brian Wilkerson	M	54	M5059	Lawrence	KS	39:35	12:45
129	235	Lizzie Wilkerson	F	20	F2029	Lenox	MA	39:35	12:45
130	155	Colby Lewis	M	52	M5059	Lenox	MA	39:35	12:45
131	277	Chris Parker	F	53	F5059	Lenox	MA	39:36	12:45
132	178	Dillp Sdesm	M	59	M5059	Lenox	MA	40:04	12:54
133	130	Lizzie Robinson	F	47	F4049	Otis	MA	42:32	13:42
134	212	Ann Rennie	F	73	F7099	Pittsfield	MA	44:01	14:11
135	211	Laurie Flower	F	49	F4049	Stockbridge	MA	44:39	14:23
136	210	Madonna Meagher	F	58	F5059	Great Barringto	MA	44:39	14:23
137	127	Courtney Meisberger	F	46	F4049	Pittsfield	MA	45:23	14:37
138	276	Carly Lyon	F	10	F0114	Lee	MA	48:18	15:33
139	273	Susan Mower	F	64	F6069	Great Barringto	MA	48:29	15:37
140	293	Tutela Sharyl	F	56	F5059	Dalton	MA	48:59	15:46
141	286	Ella King	F	15	F1519	Lenox	MA	51:10	16:28
142	259	Anthony Riello	M	42	M4049	Pittsfield	MA	1:08:09	21:56